

## **STEAM Pathways: Real World Readiness (Ages 17+)**

An inclusive, hands-on program that blends STEAM learning with real-world life skills. Participants build confidence, independence, and readiness for adulthood through projects that strengthen problem-solving, communication, teamwork, and decision-making—while honoring individual interests and learning styles.

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## **Group Fitness Classes (All Ages & Abilities)**

Inclusive, adaptive fitness classes led by a certified personal trainer. Participants build strength, balance, flexibility, and healthy routines in a fun, motivating environment that supports focus, confidence, and overall well-being.

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## **Market Ready (Ages 17+)**

A hands-on program for individuals interested in turning their talents and interests into sellable products. Participants create items, learn pricing and money skills, practice customer interaction, and build confidence through real-world market experiences.

*This class leads to vending opportunities at local markets, including the Rochester Public Market and Monroe 2 BOCES Vendor Fair.*

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## **YouTube Star (Ages 17+)**

An interactive program that guides participants through the full video creation process—from idea to upload. Learners build digital literacy, communication, organization, and confidence while creating content based on their interests and strengths.

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## **Social Media Safety (Ages 17+)**

A practical, skills-based class focused on navigating social media safely and responsibly. Participants learn how to protect personal information, recognize red flags, manage privacy settings, and build healthy online habits that support real-world relationships and future goals.

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## **Food Fit (Ages 17+)**

An empowering nutrition and wellness program that builds confidence around food choices, hydration, and healthy routines. Participants learn nutrition basics, simple food prep, and personalized goal-setting to support independence and long-term well-being.

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## **STEAM Lab Club – Power Hour**

An inclusive social skills club where participants build, create, and collaborate in the STEAM Lab. Through hands-on projects and guided group challenges, learners practice communication, teamwork, problem-solving, and social awareness—all while having fun and making meaningful connections.

## **Shelter Helpers**

*A collaboration between Lollypop Farm and Blue Heron Collective*

A hands-on, animal-centered program where participants work alongside peers and a humane educator to support shelter animals. Learners create enrichment toys, design adoption materials, and explore how animal shelters care for animals and serve the community—building empathy, teamwork, confidence, and real-world skills while helping animals thrive.